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Ms. Villarreal is a proven motivational leader in dynamic, fast paced environments. She has successfully led organizations and built teams in both industry and government environments solving complex personnel and technical issues. While in the Navy she was early selected twice, becoming one of the youngest Navy Captains in the Navy at the time of her selection. In industry, she was rated as the top sales representative in the Unisys Federal group, top customer relationship executive and sought after leader for strategic planning.

Retiring as a Navy Captain in 2000 after 21 years in the IT arena, Ms. Villarreal has worked at multiple Fortune 500 companies earning the distinction of Federal Sales Representative of the year and has served as a Business Unit Manager supporting Defense clients as well as Strategic Director for a rapidly growing small business.

Currently Ms. Villarreal is President and CEO of Transitions in Progress LLC, focusing on identifying critical areas for improvement between organizationally dependent entities. She has provided nationwide support to Fortune 100 companies utilizing the proprietary TIP Assessment® process. The process is patented and currently incorporates a proprietary web-based application to refine the data collected and increase the analytical output. Ms. Villarreal has proprietary ownership and authorship of 100% of the documentation used in the TIP Assessment® process, to include software rights to an automated back-end process capability and establishment of a weighting schema providing a quantitative value to unstructured qualitative data via a portal-style application built on an SQLDBI platform

A sought-after facilitator and trainer, Ms. Villarreal has led a myriad of small business protégé functions, leadership forums and has provided executive management consulting. Ms. Villarreal has a Masters Degree in National Strategic Studies, is a mother of four and resides with her husband in Virginia.